

First Aid Level 2



Course Overview:

This course is designed to provide learners with the knowledge and skills required to provide effective first aid in the workplace. The course is specifically tailored for the South African audience and complies with the Occupational Health and Safety Act (85 of 1993) regulations.

Course Objectives:

- To provide learners with an understanding of the principles of first aid and their application in the workplace.
- To equip learners with the skills required to provide effective first aid in emergency situations.
- To enable learners to identify and manage potential workplace hazards and prevent accidents.
- To provide learners with the knowledge and skills required to handle medical emergencies in the workplace.

Course Duration:

The course will be delivered over 2 days, with a total of 16 hours of training.

Course Content:

- Introduction to first aid and the role of the first aider
- Basic life support and CPR
- Wound care and bleeding control
- Fractures and dislocations
- Burns and scalds
- Poisoning and bites
- Head and spinal injuries
- Environmental emergencies
- Legal considerations in providing first aid
- Workplace safety and accident prevention
- Record keeping and reporting

Assessment:

Participants will be assessed throughout the course through practical demonstrations and written assessments. A pass mark of 80% is required to successfully complete the course.

Certification:

Upon successful completion of the course, participants will receive a certificate of competency in First Aid Level 2 OHS training.

Prerequisites:

- Learners must be at least 18 years of age
- Learners must be able to read and write in English
- Learners must have completed First Aid Level 1 training within the last two years.

Course infomation

Unit Standard Title: Provide riskbased primary emergency care/ first aid in the workplace

Classroom Price: R 1390 (Ex VAT)

Classroom Duration: 2 days

Credits: 5

SAQA ID: 120496

CPD Points: 5

NQF Level: 1

Prerequisites: None

Target Groups: All Employees









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